

About our Swim Classes. . .

The 2009 Red Cross “Learn to Swim” Program will be coordinated and conducted by Merriam Parks and Recreation Aquatic Staff. **Registration begins April 6.**

Each session includes 8 lessons held Monday-Thursdays. If necessary, makeup sessions due to inclement weather will be held on Fridays. Call the Aquatic Center at 913-322-5518 for inclement weather updates.

Parents are permitted to observe lessons from the viewing area provided on deck. Evening lessons are conducted while the aquatic center is open to the public. Admission fee or season pass is required for all parents and siblings who wish to swim before, during, or after swim lessons.

The zero-depth pool will be open from 10:30-11:45am during morning swim lessons for parents and children age 8 and under; regular admission fees and policies apply.

How to Choose the Correct Level of “Learn to Swim” Class. . .

- Review the skills listed for each level. Can your child complete all of the skills listed? If so, advance to the next level. If not, enroll in that class.
- Consider Parent/Child Level A or B if your young child is: 6 months to 4 years old and has no water experience; submerges only reluctantly or requires flotation support at all times; requires flotation support at all times, or may benefit from parental presence in the water.

How to Enroll in a “Learn to Swim” program:

Mail in the registration form attached to this flyer with payment to: Irene B. French Community Center, 5701 Merriam, KS 66203, or

FAX in registration form with your Visa, MasterCard or Discover to 913-677-1409, or

Phone in your registration using your Visa, MasterCard or Discover to 913-322-5550, or

Bring your registration form and fees in person during office hours: Monday-Thursday: 8:30am-8:00pm

Friday: 8:30am-4:00pm

Saturday: 8:30am-3:00pm

Sunday: 1:30pm-4:00pm



Make a Splash With our 2009

“Learn to Swim” Program



5701 Merriam Dr.
Merriam, KS 66203
913-322-5550
www.merriam.org/park

“Learn to Swim” Schedule
Registration begins April 6th

Level	Class Size Min. & Max.	Session I 6/8-6/18 Mon-Thurs AM	Session II 6/22-7/2 Mon-Thurs AM	Session III 7/6-7/16 Mon-Thurs AM	Session IE 6/8-6/18 Mon-Thurs PM	Session IIE 6/22-7/2 Mon-Thurs PM	Session IIIE 7/6-7/16 Mon-Thurs PM
Parent/Child A (6 mos-2yrs)	Min. 4-Max. 8	#210107P1 9:45am	#210107P2 9:45am	#210107P3 9:45am	#210107P4 5:30pm	#210107P5 5:30pm	#210107P6 5:30pm
Parent/Child B (2yrs-4yrs)	Min.4-Max.8	#210111P1 9:45am	#210111P2 9:45am	#210111P3 9:45am	#210111P4 5:30pm	#210111P5 5:30pm	#210111P6 5:30pm
Level I	Min. 4-Max. 8	#210101A1 10:15am	#210101B2 10:15am	#210101C3 10:15am	#210101D4 6:00pm	#210101F5 6:00pm	#210101G6 6:00pm
Level II	Min. 4-Max. 8	#210102A1 10:15am	#210102B2 10:15am	#210102C3 10:15am	#210102D4 6:00pm	#210102F5 6:00pm	#210102G6 6:00pm
Level III	Min. 4-Max. 8	#210103A1 10:15am	#210103B2 10:15am	#210103C3 10:15am	#210103D4 7:00pm	#210103F5 7:00pm	#210103G6 7:00pm
Level IV	Min. 4-Max. 8	#210104A1 11:05am	#210104B2 11:05am	#210104C3 11:05am	#210104D4 7:00pm	#210104F5 7:00pm	#210104G6 7:00pm
Level V	Min. 4-Max. 8	#210105A1 11:05am	#210105B2 11:05am	#210105C3 11:05am			
Level VI	Min. 4-Max. 8	#210106A1 11:05am	#210106B2 11:05am	#210106C3 11:05am			
Diving	Min. 4-Max. 8	#210108D1 11:00am	#210108D2 11:00am	#210108D3 11:00am			

IMPORTANT—PLEASE READ: Registration is on a first come, first served basis. All fees are due at the time of registration. No class confirmations are sent. All classes have a minimum enrollment. Classes which have not met minimum enrollment 72 hours prior to the first class meeting will be cancelled. Participants will be notified by phone in the event of a class cancellation.
Refund/Transfer Policy: A full refund will be issued in the event Merriam Parks & Recreation cancels class due to insufficient enrollment. Parent request for refunds are available up to 72 hours prior to first class meeting. **A \$10.00 processing fee will be deducted.** Pro-rated refunds due to participant illness are allowed if accompanied by written physician statement, provided class session has not passed halfway point. **A \$10.00 processing fee will be deducted.** Requests for transfers may be made no later than the 2nd class meeting date, subject to class availability. Return check service fee: \$30.00

Learn-to-Swim Course Descriptions

Parent/Child Level A or B: Fee: \$40.00

8 25-minute lessons (Developed for children 6 months to 4 years of age and their parents.

Parent Child Aquatics builds swimming readiness by emphasizing fun in the water.

Choose Parent/Child A if your child is age 6 months to 2 years.

Choose Parent/Child B if your child is 2+ years to 4+ years and still needs assistance in the water by an adult.



Learn to Swim Levels 1-6: Fee: \$40.00

8 45-minute lessons (Minimum age 5 years)

Level 1—Introduction to Water Skills

Helps students feel comfortable in the water with games and group activities. Students will start to enjoy the water safely by learning to float on front and back, and exploring arm action for the front and back crawl. Prerequisite: Age 5 or special permission by LTS Coordinator.

Level 2—Fundamental Aquatic Skills

Students learn fundamental aquatic skills. Child will enter the water by stepping or jumping and should be very comfortable with his/her face in the water. Child should be able to perform front float, back float, and crawl stroke unassisted.

Level 3—Stroke Development

Builds on the skills in Level 2 by providing additional guided practice. Child should be comfortable with deep water and treading. Child should be able to perform all strokes unassisted. Strokes included are front crawl, back crawl, elementary backstroke, and breaststroke. Diving from sitting or kneeling position into deep water is introduced.



Level 4—Stroke Improvement

Develops confidence in the strokes learned and improves other aquatic skills including basic rescue skills. Child should be able to perform all strokes from Level 3 as well as side stroke. Diving from standing position into deep water is introduced. Child should be comfortable with treading water for 1 minute. Open turns are introduced.

Level 5—Stroke Refinement

Provides further coordination and refinement of strokes from Level 4 as well as butterfly. Different types of dives are introduced including surface dives and shallow dives. Child will learn front and back stroke flip turn. Students will tread water for 2 minutes. Rescue breathing is introduced.

Level 6—Swimming and Skill Proficiency

Level 6 is designed with a variety of “menu” options that focus on preparing students with a variety of aquatic activities. Options include: Personal Water Safety, Lifeguard Readiness, Fundamentals of Diving and Fitness Swimmer. Any or all of the menu options may be introduced depending on class size.

Diving Lessons—Fee: \$55.00

(Includes 8 45-minute lessons)

This introductory level course will emphasize basic diving fundamentals on the 1-meter board. Skills presented include the front and back take-offs, forward and back dives. The class will also include 3-meter training.

Prerequisite: Must have completed “Learn to Swim” Level 3



Private Lessons

Fee: \$60.00

(Includes 4 30-minute lessons)

Are you looking for one-on-one private instruction for you or your child? Private swimming lessons may be arranged the week of July 21-25 from 9:45-10:15am, 10:30-11:00am, or 11:15-11:45am on a first come-first served basis.

To register call 913-322-5550.



LEARN TO SWIM REGISTRATION FORM

Parent/Guardian Name _____

DOB _____

Address _____

State _____

Zip _____

Home # _____

Work # _____

Cell # _____

Email address _____

Signature: _____ Participant _____ Parent and/or Guardian

Participants Name	DOB (Required)	Level	Registration #	Start Date	Time	Fee

Total of Fees Paid: \$ _____

Check _____ Cash _____

Visa _____ MC _____ Dsv _____

Expires: _____ V-Code _____

The undersigned agrees to hold harmless and release the City of Merriam, its agents and employees from any liability which may be suffered by the named individual(s) registered in this program arising out of or in anyway connected with participation in this program. The undersigned and the participant authorize the Merriam Parks & Recreation Department to use at its discretion, any photograph(s), black/white or color, taken of the participant while participating in the program and waive any and all claims that the participant or undersigned or their heirs or assigns may have or claim to have resulting from such photograph(s) or reproduction thereof.