



## ELIGIBILITY

This program is open to all regular full-time and part-time employees (not seasonal or temporary).

## INCENTIVES

### COMPLETE 3

If you complete at least three of the options listed below, you'll be eligible to receive the free/discounted membership to the Merriam Community Center for 2022.

### COMPLETE 5

If you complete at least five of the options listed below, you'll also be eligible to receive \$100 or 4 hours of paid wellness time. *Wellness time is not available to part-time employees.*



## SEVEN OPTIONS TO COMPLETE

### WHAT'S YOUR MILE

Walk a mile and record your time on the What's Your Mile form.

### ANNUAL PHYSICAL/PREVENTATIVE EXAM

Turn in a doctor's note, bill, or explanation of benefits from insurance verifying your visit. Completing the biometric screening at the City's Safety Fair also counts.

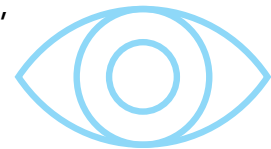


### DENTAL SCREENING

Turn in a note from your provider, copy of a bill, or insurance explanation of benefits.

### VISION SCREENING

Turn in a note from your provider, copy of a bill, or insurance explanation of benefits.



### ATTEND THE SAFETY FAIR

Held each year in the fall.



### FITNESS EVALUATION

Complete the Police Department's fitness test or a fitness evaluation from Parks and Recreation.



### VOLUNTEER HOURS

Volunteer for a minimum of eight hours and turn in verification.



## STEPS TO RECEIVE YOUR INCENTIVE

1. Track your completed options during the year.
2. Turn in ONE packet of all verifications to HR with the cover sheet by 4:30 p.m. on Dec. 12, 2021.

*The cover sheet and forms are available on [merriam.org/employees](http://merriam.org/employees) or in the Copy Room at City Hall*